



# PAIR SKATING DAYS 2025

# International Development Training Camp and Seminar

supported

by the ISU Development Commission

Supported By:

# Zell/See

# 30.06.-06.07.2025

We would like to invite you to take part in the Pair Skating Days 2025 in the beautiful region of Zell/See in the alps.

What sets this seminar apart from other pair seminars is the combination of technical content, as well as artistic and nutrition aspects for athletes and their coaches combined with the specific preparation of officials for higher qualifications as they enter their last study phase before taking exams.

Through working together and exchanging ideas and opinions on certain elements it gives the officials the opportunity to get involved in the teams' element development process while gaining more knowledge about the practical training process which will help them in their work with pair skating teams in their member federations as well as for their work on the panels.

It is the seminar's goal to promote team work and a fruitful learning environment for all participants.

# **Project partners**

Austrian Olympic Committee Austrian Sports (Österreichische Bundessport-GmbH) Czech Figure Skating Association Hungarian National Skating Federation Slovak Figure Skating Association

# **Participants**

Pairs in the categories Basic Novice, Advanced Novice, Junior and Senior with the goal to compete together in the 2025/26 season.

Pair skating coaches with or without teams (coaching license of their a national skating federation is required).

Technical Specialists and technical controllers on the national, international and ISU level as well as a limited number of judges.

# Location

Zell am See, Salzburg, Austria

Distances: Airport Salzburg 75km Airport Munich 205km Airport Vienna 380km



Environmentally friendly direct train connection from Salzburg and Vienna.

100° Freizeitzentrum Zell am See

www.100freizeit.com/eishalle-zellamsee

- Ice surface
- Sauna and Cold Sauna
- Restaurant







# Moderators

#### On-Ice & Off-Ice

*Alison Purkiss* – Canada, Olympic & World Championship coach, Coach of Lia Peireira/Trennt Michaud (Winners of the ISU GP de France 2023, bronze medal FCC 2025)

*Knut Schubert* – Germany, Olympic coach, Coach of e.g. Minerva Hase/Nikita Volodin (2x Grand Prix final winners, silver medal at WFSC 2025, European Champions 2025)

Severin Kiefer, Miriam Ziegler – Austria, European Championship coaches, Participating in 3 Olympic Games together and now coaching Junior and Senior level pair teams in Austria

#### Dance and Expression/Performance

*Mark Pillay* – Canada, Olympic pair skating choreographer, choreographer of e.g. Niina Petrokina, Minerva Hase/Nikita Volodin (<u>https://www.instagram.com/pillay\_boll\_choreo/</u>)

*Marina Philippova* – Austria, Off-Ice Modern Dance coach, choreographer, former ice dancer in the training group of Barbara Fusar-Poli and participant in Junior World Figure Skating Championships, student at https://www.mdw.ac.at/

#### Sport psychology / Nutrition

*Judith Haudum*, sports nutritionist and sports scientist, founder of Sportnutrix (<u>https://www.sportnutrix.com/about</u>)

#### Officials seminar

*Alexander König* – Germany, ISU Technical Specialist Pair Skating, Olympic Pair Skating coach

Susan Lynch – Australia, ISU Technical Controller Pair Skating, ISU Judge Single & Pair Skating, ISU Technical Committee Member Single and Pairs

Jeroen Prins – Netherlands, ISU Technical Controller Pair Skating, ISU judge Single & Pair Skating

# Content

Athletes have a chance to receive valuable technical and artistic input as well as feedback on their elements and programs early in the season which they can implement in their work at home.

Sessions will include

- \* On- and Off-Ice Technical sessions and Skating Skills for pairs with competition experience and their coaches
- \* On-ice skating skills and artistic expression
- \* Off-Ice ice dance classes focusing on partner movements, oneness and unison
- \* Level Check of elements
- Monitoring event with feedback from the Technical Panel and ISU judges on technical elements and Program Components
- Session on nutrition for athletes and coaches. Different needs according to athletes age and development phase with the specific aspects of different phases throughout the season (competition season and off-season).
- \* Seminar sessions for coaches and athletes on Levels and Program Components

Especially officials (TS, TC, judges) from countries that don't have pair teams of their own will be able to connect with experienced professionals and gain deeper insight into the discipline of pair skating.

Sessions will include

- Seminar on current rules and changes with practical sessions on- and off-ice together with the pair teams
- \* Preparation for qualification examinations
- \* Level check of teams' elements
- \* Monitoring event as practice event including feedback and joint discussion
- \* Off-ice lift class + demonstration of lift groups and holds

 \* Joint discussion between TS, TC, coaches and skaters (Junior and Senior Level) about levels of difficulty with examples

# Registration

Registration fee is 200 EUR per person This fee includes all on- and off-ice as well as seminar sessions and lunch and dinner on all practice days.

Please fill in the online registration form by latest May 18, 2025: <u>Online Registration Form</u>

After successful registration you will receive an e-mail confirmation including the invoice and payment instructions.

Payment deadline will be June 1, 2025.

If your payment is not received until the payment deadline, the registration will be automatically cancelled.

The registration fee will not be refunded in case of withdrawals.

Places will be given on a first come first serve principle, but priority will be given to the key ISU Members and central European ISU Members.

# **Travel and Accommodation**

Athletes, coaches and officials will be responsible for all travel expenses, and for the living expenses from beginning till the end of the training camp/ seminar.

Arrival date for athletes and coaches: Sunday, June 29, 2025 (Start of the training camp June 30, 2025, morning)

Arrival date officials: Wednesday, July 2, 2025 (Start of the seminar July 3, 2025, morning) Departure date for everyone: Sunday, July 6, 2025, afternoon.

We offer an accommodation package for all participants at Sporthotel Alpin, Booking has to be made with the online registration.

# Sporthotel Alpin 4\*

#### <u>Website</u>

Gartenstraße 11

A-5700 Zell am See

Sporthotel Alpin is located only 9min by foot from the ice rink. It offers newly renovated rooms, a view over the lake and a pool and spa area.





# Costs

Single room per night incl. breakfast and taxes	EUR 125,
Double room per night incl. breakfast and taxes	EUR 190,

Price includes
Pool and Spa
Parking
Wifi
Zell/See Kaprun Card

Booking deadline May 18, 2025 – booking is only confirmed, if payment is received within payment deadline (will be indicated in the invoice).

# **Cancellation policy**

Up to 14 days before arrival date: free cancellation Up to 48 hours before arrival date: 50% cancellation fee After 48 hours before arrival date: 100% cancellation fee As Zell/See Kaprun is a very popular touristic region early booking is recommended!

For **other accommodation options** please contact: Zell am See-Kaprun Tourismus

JUFA Hotel Kaprun Is another option available, you can book directly online. Website

# Meals

Meals will be included in the registration fee.

Breakfast is served at the hotel, if accommodation package is added, otherwise individual. Lunch and Dinner will be served at the ice rink (3 course menu and non-alcoholic drink).

# Disclaimer

Skate Austria assumes no responsibility for any injuries. We expressly point out that Skate Austria reserves the right to cancel the event in whole or in part if, for example, the requirement of economic efficiency cannot be met or the current world situation makes it impossible to hold the event. In this case, no compensation will be paid for costs incurred by the participants (e.g. cancellation of booked travel reservations)! Bookings are only confirmed after the workshop fees have been fully paid after receipt of invoices.

# Contact

If you have any questions, please feel free to contact us. Katharina Rauch, Miriam Ziegler office@skateaustria.events

